



nest

Empowering Ayrshire's
Neurodiverse Communities

Survey: Adults with ADHD

Are you an adult with ADHD, or believe you may have ADHD? If so, we would like to hear from you!

NHS Ayrshire & Arran recognise that over the last few years, there has been a great increase in public awareness of ADHD in adults. This has helped many adults recognise that they may have ADHD, causing a vast increase in people seeking support for ADHD. To work towards providing the correct supports to meet this demand, we want to learn from your experience accessing services in Ayrshire and find out what supports you think should be available.

If you would like your experience to be considered in the shaping of supports in the future, we would appreciate you filling out this survey, which should take no longer than 10 minutes.

How to participate:

Scan the below QR code to take you to the survey or visit <https://forms.office.com/e/ZKLq7JJC7z>

If you have any questions about this survey, please contact info@nest.scot

Adult ADHD Support Services in
Ayrshire

